

# ATHENS MISSION PROJECT

Wednesday, November 2– Friday, November 4, 2016  
Good Works, Inc., Athens, Ohio

**To sign up, log on to CHCA ultra camp**



Good Works, Inc. seeks to provide a safe, clean, stable, temporary, yet home-like place for people to be while they work on the issues in their lives which led to homelessness. [www.good-works.net](http://www.good-works.net)

- ◆ Depart from CHCA at 3:45pm Wednesday.
- ◆ While in Athens, Ohio with Good Works, we'll help with renovations at the Transitional Housing facility, an eight-bedroom farmhouse on 35-acres. We may serve through yard work, clearing trails, chopping wood and renovating buildings. We will also serve in "Neighbor to Neighbor" projects that assist elderly or disabled residents who are unable to care for their lawns or houses.
- ◆ On Friday evening we will participate in "Friday Nite Life," a community dinner that reaches out to elderly, disabled, low-income neighbors.
- ◆ We will also experience the beauty of rural Ohio in the fall, and hopefully with good weather, we will have some time to hike in the area and have a bonfire one evening.
- ◆ Lodging is in the visiting group's dormitory in the farmhouse. Guys in one room, girls in another.
- ◆ Return to CHCA between 10:30-11pm on Friday. We will call when we are approx. 1 hr from CHCA.
- ◆ Chaperones: Mrs. Hordinski, Mr. Bacon, Mrs. Vincent, Mrs. Holthaus.

There will be 3 required group meetings: Sept 15, 7:30am, October 13<sup>th</sup> from 3:15-4pm, and October 20<sup>th</sup> at 7:30am in the SOS room.

**The cost is \$75, plus \$20 cash for dinner on Wednesday and snacks during trip.**

Registration is first-come, first-served on UltraCamp. **Limit of 20 students.** (Checks can be made payable to CHCA).

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## Required forms:

1. CHCA Mission Immersion Trip Student Agreement
2. CHCA Emergency Medical Form (we will copy these from the high school office. If you have any updates to the form, please contact Dorie Cuccinotta, high school nurse)
3. Student Self-Medication Agreement, if applicable
4. Two forms from Good Works – volunteer form and medical form



## Lodging & Emergency Phone

Good Works, 7857 Luhrig Road, Athens, Ohio 45701

Emergency - Contact: Paul Richard, Good Works, (740) 594-3336



# ATHENS MISSION PROJECT PACKING LIST

**Our Goals** are to work hard, learn about causes and issues of homelessness, get to know people at Good Works and in our group, grow in our faith and to have fun!

**As you are planning, keep in mind the following circumstances:**

1. Weather
2. Work that you will be doing. The group leader will have a general idea of the work you will be doing about a week prior to your visit.
3. The particular needs of your group and the recommendations of your leader.

**What to bring:**

It is recommended that you put your name on anything you bring. You will have limited space to keep your personal items. Therefore, bring as little as possible with you. The list below will help you to use that space wisely and make the most out of your experience with us.

Here is a general list of items we have found to be essential to group participants:

- Five questions to ask the staff of Good Works. Before you come, visit our website ([www.good-works.net](http://www.good-works.net)) to learn more about us.
- Water Bottle with your name on it
- Notebook/journal and pen
- Sleeping Bag or Bed Linens, Pillow
- Work Jeans
- Work Shirts (old sweatshirts or t-shirts, NO tank tops)
- Work shoes or boots
- Sturdy work gloves with your name on them
- Light jacket/coat for seasonal weather
- Socks, underwear
- Sweats or shorts as appropriate sleeping attire, no nightgowns
- Casual and Comfortable clothes
- Hat (if desired)
- Bath towel, Soap and Shampoo
- Toothbrush and Toothpaste
- Deodorant
- A commitment to unity among yourself and others in the group
- If you bring your own tools, make sure they are clearly marked with your name

**What not to bring:**

- Laptops & devices – Since this is a group event, you will be interacting as a group. These devices separate individuals from the group and hinder the development of community.
- Pets.
- Personal Food items – these are not permitted in the dorm rooms. Shared items are ok to store in pantry.
- Tank tops, short shorts, revealing clothing, shorts with writing across the rear.
- Fireworks, Weapons, Expensive jewelry
- Something you do not want to lose

## **GOOD WORKS PARTICIPANT PACKET — ABOUT YOUR WORK RETREAT**

You are..... a member of a Work Retreat Group!

You are going to..... Athens—Appalachia in Southeast, Ohio!

You will serve.....the widow, the fatherless. the stranger!

You will be.....an encouragement and help to many!



### ***The Community of Good Works welcomes you!!!!***

Thank you for choosing to spend a week in service by participating in this Work Retreat with Good Works. We call this a Work Retreat because you are not just going to work while you are with us; you will develop relationships with the staff of Good Works, our friends in SE Ohio and the members of your group. This is an act of service that we believe is a normal part of what it means to be a human being.

This basic information packet will give you what you will need to know for your visit with us. In this packet we address issues of community, service and safety that will help us to serve together.

We encourage you to go our website—[www.good-works.net](http://www.good-works.net). If you have other questions, you can ask your group leader or, you may also contact us at 740/594-3336 or email us at [goodworks@good-works.net](mailto:goodworks@good-works.net). We are trying our best to prepare for your visit, but it is not possible to cover every circumstance. We would like to hear from you any concerns you may have.

The tasks that you complete while you are with us are a great help to us. We could not do what we do without you! But we hope that doing projects is not your only reason for coming. By far, the most significant impact on group members has come through the formation of a relationship with those you came to serve. We hope that you will come into this experience with the question, ***“What can I learn while I am with Good Works?”***

You will be visiting people who are elderly and disabled in our community, serving them in the care of their property. We encourage you to spend time with them and even sing a song to them. "Putting a song in the heart of the widow" is something we can do. Show respect to them by addressing these people by their last name, i.e. Mr. Jones or Mrs. Brown unless you have been given permission to do otherwise. ***"What kind of person do I need to be as I serve older people or those with disabilities?"***

You may also be involved with the children of our community supervising activities or serving a meal. You will be serving alongside some of our friends who are in challenging situations. And you may be spending time with our friends who are experiencing homelessness. ***"What can I learn from these people and in what ways can we grow together?"***

You will participate in several Conversations about the issues we face in the work we are doing while you are with us, both formal and informal. Come to these times expecting to receive as well as planning to participate. ***"How can I contribute to these conversations? What do I need to receive as I listen?"***

The most important thing we want you come away with is a vision for serving YOUR neighbors in need in YOUR community. Begin your time at Good Works by asking, ***"How can I make a difference in my community when I return home?"***



The requested donations you bring help us in the following ways:

- To pay for the year-round maintenance of the Good Works facilities and properties.
- To defray the expenses associated with your stay in the house (electricity, water, etc.).
- To help pay for the materials used on some of the projects on Good Works properties, or for the more expensive projects that cannot be funded by a single group.

***Thank you for your willingness to come serve our community with us. You will make a difference in what we can do and in the lives of people in our community.***

# WORK RETREATS WITH GOOD WORKS

## —A COMMUNITY OF HOPE

### *The Way We Are - for Work Retreat Groups*

Our community welcomes your community. We have established some guidelines that will help us live together. We ask that you would make these your own for the time that you are with us. This will enable all of us live together well.

*I made the WIDOW'S heart sing  
I took up the case of the STRANGER  
I was a father to the FATHERLESS  
(Job 29:12-17)*

#### RELATIONSHIPS

Our vision is to provide a community where healthy communication and relationships can flourish! However, we do have a few suggestions for you as you make relationships the center of your time with us:

- **Your community:** It is easy for the community of a small group to become overwhelmed by the community of a larger group. Although we are your hosts for your time with us, you also can be a host by inviting the members of the house into your group activities.
- **Between residents and volunteers:** One of the more delicate relationships you will encounter is between you, a volunteer, and one of our neighbors that we are serving. For your safety, it is wise for you to seek counsel from staff before taking this relationship to another level beyond the routine contact you have with people among Good Works.
- **Between unmarried persons:** Sexual/Physical contact between unmarried persons on this property is not appropriate. Unmarried persons are asked to refrain from physical affection while on the Good Works properties or serving in the community.
- **Personal Information:** Please do not give out your personal contact information to a resident without first contacting and discussing this with the staff. If you are under 18 we will need to speak with your parents.
- **Transportation:** Please discuss this with staff should a situation arise where a resident is requesting a ride from you or if he/she is offering a ride to you. This can be addressed by saying something like, "Thanks! Let me check into this, and I will get back to you."

#### DRESS

**Priority #1 – Safety:** Your service will take you into a variety of settings, so you should dress for safety. You will be doing some hard and strenuous work. Please wear appropriate clothes, which will protect you, while also keeping you comfortable. We do not consider tank tops and short shorts appropriate clothes to work in. You should



also bring shoes that will protect your feet. Wearing sandals while mowing will not be permitted. Please use good judgment and err to the side of safety and modesty. Long pants may be required for certain projects during the summer.

**Priority #2 — Modesty:** All those residing in the Hannah House (whether staff, interns, residents, or guests) are expected to dress modestly so as not to bring offense or temptation to others in the house. Practically speaking: men must wear shirts, and shorts or pants at all times outside of their bedroom; women must wear shirts, pants, shorts, skirts, or dresses at all times outside of their bedroom. Shirts without sleeves may be worn. Robes are encouraged for movement between bedrooms and bathrooms, but are not encouraged in the general area of the house.

#### PERSONAL

**Personal Items:** We will secure any personal items, valuables or medications that you may have if you request us to do so. Secured items may not be immediately accessible.

**Laundry:** You may use the laundry facilities for essential items on an emergency basis.

## THE FACILITY

You will be living in a large facility called the Hannah House. It is the home of the HH House Manager, interns and residents who participate in Life in Transition, a long-term recovery program. They are a community sharing their lives with one another for the sake of transformation.

- **First Floor:** These areas (excluding offices) are considered “common areas” and are open and available to all residents, interns, staff, and their guests. While the upstairs areas have a 10:00 p.m. “closure” time for non-overnight guests, the downstairs areas remain open and available for guests (with their hosts) until 11:00 pm. Household activities after 10:00 p.m. need to be considerate towards those who are seeking to study or sleep.
- **Dorm Rooms:** You will be staying in two large dorm rooms. We expect that men will be in one room and women in the other. During sleeping hours, neither men nor women are permitted in the other room. We ask you to provide your own bed linens or sleeping bags. If someone has forgotten theirs, please talk with us. Please vacuum rooms and hallway daily.
- **Bathroom:** There is a bathroom on the first floor, which has two sinks, two toilets and two showers in it. Please be conservative with your use of hot water—limit your showers to five minutes. You are requested to take showers in the evening after your day of work if at all possible. Both the men and the women will use this bathroom separately, so modesty and discretion should be practiced. If a situation arises where you need another bathroom, please talk with us, and we will make one available to you.
- **Wood Stove:** The task of heating the house is shared by all living and working here. Staff or interns can instruct you in how to use the stove if you’d like. Use all necessary precautions to guard against a fire.



- **Air-Conditioners, Fans, Heaters and Lights:** Be considerate of electric usage by turning off air-conditioners, fans, lights and baseboard heaters. Please check to see that everything is off when you are the last to leave the dorm room.
- **Basement:** The basement door is located in the hallway to your dorm rooms. However, we ask that this area not be entered into without the consent of the staff or interns.
- **Second Floor:** The second floor areas (including bedrooms, bathrooms, stairwell, hallways, common living room and guest rooms) are considered the private-space for all of those living in the Hannah House. Please respect their privacy by not going upstairs unless you have been given permission to do so.
- **Offices:** The two offices are for the business of Good Works and strictly for the use of Good Works staff and interns. Residents and guests are not permitted in the office without the permission and presence of a staff member or an intern.
- **Telephones:** The Good Works business telephone is located in the main office near the kitchen. That number is 740.594.3336. You may use this phone with permission from the staff to make local calls. All long distance calls need to be charged to a calling card or collect. Please make your needs known to us and we will accommodate you the best way we can. You may give this number to family members who need to contact you.
- **Curfews:** You are asked to be in the house by 10:00 and to observe an 11:00 lights out, in bed curfew time.
- **House Closure Times:** The Hannah House will be *CLOSED* each week on Friday nights 5-9 pm (October through April) and Sunday mornings 10 am - 12:30 pm. When the house is closed, staff may not be available to assist you. Please speak with us if other arrangements are needed.

## **MEALS WITH GOOD WORKS:**

We believe that shared meal times are a wonderful opportunity to experience community. You will be sharing meals with the members of the house, staff, Transformation Station volunteers and Good Works volunteers. This is an excellent time for us to sit together to share a meal and conversation. Before meals we simply share what we are grateful for with one another.

While your group is here with us, we turn our kitchen over to you and ask that you include those living in the house in your meals. You can use food from our pantry as our contribution to the meals. Under the leadership of your Meal Coordinator, this means you are responsible for the preparation of food and clean up afterward. However, the people in the house can assist you as needed. We will provide you with an orientation to the food of the house, show you an area of the pantry and a refrigerator for the storage of your food items. (Some food in these areas will be marked as personal for some of the people living here.)

It is possible that some of the members of your group will be going to the Timothy House in the evening. They will be joining in the dinner meal and will not need to bring food with them.

We also ask that you prepare a lunch for a community meal with our volunteers who are with us when your group is with us.

## **SAFETY**

Your safety is a major concern for us. We do not want anyone to get hurt.

**Equipment Use:** Because we welcome volunteers with such a wide range of knowledge and experiences, we have developed a simple way to help all volunteers be conscious of safety issues. Safety Review Sheets are a quick way to bring to your attention some of the practices that will keep you safe while using our equipment. Please read these and ask questions as needed. You will be using different types of equipment. If you do not know how to use a piece of equipment, please ask. Using these inappropriately is not only dangerous but also damaging and expensive. If we determine that you are not using good judgment in your use of a piece of equipment, we will assign someone else to the task.

**Safety Equipment:** The following pieces of safety equipment are available to you while you are with us: safety glasses, ear protection, gloves, helmet/ear/face shield combo, and chaps. Some are optional; some are required. We may ask you to wear a piece of safety equipment that you would not normally wear on your own property. Thanks for wearing it here! We are trying to do all we can to keep you safe.

**Vehicles:** You will be using your vehicle for transportation to various project sites. We will also be transporting you in our vehicles. Here are a few guidelines for vehicle usage:

- We may ask group members over 18 to drive one of our vehicles. If you are uncomfortable with this, please let us know. All drivers of Good Works vehicles need to complete an Approval to Use Good Works Vehicles form.
- Seat belts must be worn.
- We do not permit anyone to ride outside of a vehicle, even our truck.



### A WORD FOR OUR VOLUNTEERS ABOUT TAKING PICTURES OF GOOD WORKS FRIENDS

Because of our responsibility towards the people we are serving through Good Works, and because we are aware of their vulnerability, we ask that you respect the following guidelines regarding photography during your visit with Good Works:

1. Our first priority is to build relationships with people in a way that honors and respects them. This is our guiding practice and we ask the same of you.
2. If you would like to take someone's picture for *personal use only*, please ask for their permission. With their approval you may do so.
3. It is our expectation that you would only photograph people you have come to know. Seek to establish a friendly relationship with the person. Become interested in who they are as a person, and discovering their unique qualities and giftings.
4. If you would like to take photographs for any *public use* (printed material, bulletins, slide shows, media presentations, social networking media such as Facebook, newspaper, etc.), you will need to first ask Good Works staff overseeing your area for permission to take pictures. Then you will need to ask permission of the person you want to photograph, explaining to them how you want to use the photo.
5. Regarding pictures of/with children in the GW community: We ask that you **do not** publish them publicly without the permission of the child's parent/guardian; We ask that you **do not** post them on any social media site without specific permission from their parent/guardian.

### USE OF GOOD WORKS TRAILS

- There are two types of trails on Good Works property. The first are grass covered and mowed walking trails that are north of Factory Creek (the facilities side of the property). They travel east and west on flat terrain and are about ¾ mile long.
- The others are hiking trails south of Factory Creek (you must cross the bridge over the creek to the wooded section of the property). The eastern trail (go left as you cross the bridge) is about ½ to ¾ mile long and is an easy hike with gentle slopes. The western trail is about ¾ to 1 mile long and extends off of Good Works property onto American Electric Power land. It is a more difficult hike with steep grades either direction.
- Group members who want to walk the trails are free to do so after asking permission of their group leader and/or informing the Hannah House Host.
- Walking the trails is only permitted during daylight hours and you should plan to be off the trails by dusk. The only exception to this are those who would stay in the Carter Cabin overnight, in which case they may walk the trail from the Cabin to Hannah House as needed.
- Wisdom and discretion is needed when two people of the opposite sex are walking the trails.
- Preserve the property by not wandering off the trails. There are also sections of the trails with very steep grades and large rocks, a fall from which could result in injury.
- Trails are not to be used on Fridays 4:30-7:30 during Friday Night Life.
- The trails owned and maintained by GW are designed to be used by people who have permission or ask permission to use the trails.

### OTHER ITEMS

**Smoking:** There is No Smoking inside or under any Good Works facility. There are designated smoking areas outside of the facility (picnic tables, back deck, etc.). Please be sure to dispose of cigarette butts appropriately in coffee cans and not on the ground or in the trash cans (where they can cause fire). Failure to smoke outside and in a safe manner can lead to the prohibition of smoking near the house or removal from the facility.

**Drugs/Alcohol:** No illegal drug or alcohol use is permitted on the Good Works properties or in the facilities. No one using any alcohol or non-prescribed (illegal) drugs will be permitted on our property. Residents or guests will be evicted if it is determined someone has been using illegal drugs.

**Weapons:** No weapons are permitted on this property. We reserve the right to determine what we consider to be a weapon.

**Pornography:** Pornography in any format (video, magazines, comics, computer programs, etc.) is NOT permitted on the Good Works properties or in any facility.



**Television and VCR Usage:** Television and VCR usage are subject to staff approval and oversight and viewing times should coincide with curfew hours. Videos are shown here as an organized house activity and viewed together.

**Burning Materials:** Due to fire safety issues, the burning of candles, and incense is not permitted.



***The Good Works Community of Hope: Family Work Retreat group Sanctuary from Bowling Brook, Illinois; Summer interns, Staff, GW and Transformation Station volunteers.***